Editorial

Clinical Trials and Publications

It must be accepted that dental clinical practice is not always scientific in the accurate sense of the expression. In fact, the effectiveness of the majority of clinical procedures is not scientifically documented. As the statistics of clinical trials in general and within dentistry in particular are quickly escalating, there is an immense need to prepare professionals to carry out clinical research and trials so that they can perform these studies using the utmost scientific, ethical and regulatory standards. Different types of research comprises laboratory research, clinical trial in academic fields, practice-based and community-based research.



Publication of scientific results is also a very important aspect in terms of clinical studies. Publications should present some substantive and inventive outcome or research and should not serve simply to amplify the author's number of publications. Publication is an essential step in the communication with other scientists about the design and significance of research studies.

Given the essential role of publications in assessing scientific efficiency of the researcher and the drift toward additional authors per published paper, it is important to understand the concept of quality rather than quantity. More emphasis should be focused on the originality of the work and its expression in terms of finer publications.

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